

## SSP Behavioral Symptom Pre- and Post- Test

On a scale of 0-5 (0-Never, 1-Seldom, 2-Some of the Time, 3-Most of the Time, 4-Almost All of the Time, 5-All of the Time) being how badly do these symptoms affect you:

<b>Symptom</b>	<b>Rating 0-5</b>
Tantrums/meltdowns, appears irritable	
Explosive, flies into a rage, reactive aggression	
Appears to feel very anxious	
Appears to feel very fearful	
Appears to feel very stressed/appears to have poor stress tolerance	
Appears to withdraw or dissociate; appears to want to hide from the world or want to run away	
Appears to feel despondent or depressed	
Expresses feelings of hopelessness	
Appears to feel guilty or expresses feelings of being shamed	
Has nightmares or flashbacks	
Has panic attacks	
Appears to have sound sensitivities or becomes enraged with certain sounds	
Appears to have sensory processing difficulties (i.e., touch, vision)	
Appears to have difficulty understanding others when it is noisy	
Appears to have difficulty attending to others especially when it is noisy	
Difficulties sleeping (e.g., falling asleep, staying asleep, sleeping alone)	
Appears to avoid certain things or situations	
Appears hypervigilant (always on alert)	
Gut problems (e.g., reflux, irritable bowel, celiac disease, etc.)	
Has uncontrolled body jerks	
Collapses or faints	
Appears to get "stuck" on thoughts	
Discusses ruminating or excessively worrying about things	
Expresses feeling that things are "out of control"	
Appears to be easily startled	
Appears to have a poor frustration tolerance	
Difficulties with relationships—developing, maintaining relationships with peers and within the family	
Difficulties interpreting others' emotions	
Difficulties expressing own emotions	
Difficulties with thought organization	
Appears to have difficulties with executive functions (e.g., planning, persistence, working memory, impulsivity, flexibility)	
Appears to have difficulties with expressing themselves and/or understanding others (e.g., following directions)	
Other symptoms:	
<b>Total</b>	